

Plass	Løper	#	Totalt	Løp 1	Løp 2	Løp 3
Damer					-	
1	Kristin Eidsheim Sønnesyn,		03:02	00:56-3	00:52-0	01:12-1
2	Lina Rivedal, HSI		03:05	00:55-1	00:54-0	01:16-2
3	Grete Sævdal Vikne, NOTEAM		03:14	01:01-6	00:54-0	01:19-3
4	Elin Tronstad, Rolland Skole		03:20	01:00-5	00:58-0	01:22-5
5	Thea Olsvik, NOTEAM		03:23	01:01-6	00:56-0	01:26-9
6	Frida Haukås, NOTEAM		03:28	01:02-8	00:59-0	01:27-10
7	Karoline Heggøy, NOTEAM		03:35	01:04-10	01:06-0	01:25-7
8	Christiane Trösse, UBIL		03:38	01:06-12	01:07-0	01:25-8
9	Kamila Jurasz, Sekkingstad AS		03:41	01:05-11	01:01-0	01:35-14
10	Hanne Bjelland Litlabø, NOTEAM		03:46	01:03-9	01:05-0	01:38-18
11	Vibeke Løvås Bakken, NOTEAM		03:47	01:08-14	01:05-0	01:34-11
12	Lisa Bjørnen Skar, NOTEAM		03:51	01:10-15	01:05-0	01:36-16
13	Gunhild Hofstad, Psykiatriliansen		03:54	01:07-13	01:10-0	01:37-17
14	Nina Krogstad, Bergen Kommune		03:55	01:10-15	01:11-0	01:34-11
15	Therese Jaastad, ØHD - Bergen		03:56	01:10-15	01:06-0	01:40-20
16	Karoline Solsvik, ØHD - Bergen		04:03	01:18-25	01:11-0	01:34-11
17	Karoline Therese Hamgaard, Statoil		04:07	01:14-21	01:15-0	01:38-18
18	Trudi Jemine Schrøder Aaltvedt,		04:17	01:18-25	01:18-0	01:41-21
19	Magdalena Waszkiewicz-Rød,		04:21	01:13-20	01:21-0	01:47-23
19	Siri Otterskred, Bergen Kommune		04:21	01:17-24	01:22-0	01:42-22
21	Hanne Liland, Varegg/Fjellgeitene		04:24	01:19-28	01:18-0	01:47-23
22	Anne-Catrin Adam, Sjukt Sprek		04:25	01:18-25	01:19-0	01:48-25
23	Jane May Haver, NOTEAM		04:28	01:21-31	01:18-0	01:49-28
23	Tine Kaland-lavik, Kolstihagen		04:28	01:15-22	01:17-0	01:56-31
25	Anne Mette Arolkar, Kolstihagen		04:39	01:12-19	01:30-0	01:57-33
26	Vasylyna Kharchevka, DNS		04:40	01:21-31	01:16-0	02:03-40
27	Marianne Bjørnen, NOTEAM		04:43	01:21-31	01:21-0	02:01-39
27	Randi Sørbø Pedersen, Liakroken		04:43	01:24-36	01:21-0	01:58-34
29	Randi Trætteberg, Smørås Skole		04:46	01:22-34	01:28-0	01:56-31
30	Eli Synne M. Eckholm, Bergen		04:52	01:26-41	01:27-0	01:59-36
31	Janthana K Ellingsen, ØHD -		04:56	01:24-36	01:33-0	01:59-36
32	Marith Hildal, Bergen Kommune		05:00	01:30-46	01:37-0	01:53-29
33	Anette Bratten Michelsen, Sjukt		05:01	01:28-43	01:33-0	02:00-38
34	Anita Ingebrigtsen, NOTEAM		05:07	01:39-53	01:25-0	02:03-40
35	Margrethe Pedersen, Flaktveit		05:22	01:32-48	01:46-0	02:04-42
36	Natasha Alijeva, Divine Madness		05:25	01:28-43	01:36-0	02:21-51
37	Berit Karin Hagen, ØHD-Bergen		05:32	01:33-50	01:41-0	02:18-48
38	Guri Nøtsund, Flaktveit Barnehage		05:36	01:39-53	01:43-0	02:14-46
39	Maria Tina Wik Urkedal, NOTEAM		05:39	01:39-53	01:39-0	02:21-51
39	Lene Hundvin, NOTEAM		05:39	01:42-60	01:35-0	02:22-53
41	Marit Tjeldflåt Vorland, Haukeland		05:40	01:50-62	01:37-0	02:13-45
42	Kari Magrete Åkernes, Flaktveit		05:54	01:40-57	01:50-0	02:24-55
43	Dorthe Malene Wiuf Nielsen,		06:08	01:53-63	01:53-0	02:22-53
44	Sølvi Skjøndal, Flaktveit Barnehage		06:39	02:01-66	02:01-0	02:37-56
45	Guro Nordvik, Flaktveit Barnehage		07:04	02:12-68	02:02-0	02:50-58
46	Linda Lehmannsyversen, NOTEAM		08:57	02:37-70	02:45-0	03:35-61
	Nellie Knutsson, NOTEAM		02:23	00:59-4		01:24-6
	Mari Torvanger, Gular		02:28		01:08-0	01:20-4
	Marita Selvik, Flaktveit Barnehage		02:46	01:11-18		01:35-14
	May Engevik, NOTEAM		02:47	01:25-39	01:22-0	

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
	Linn Isdal, ØHD - Bergen Helsehus	02:47	01:22-34	01:25-0	
	Zohreh H. Zadeh, Liakroken	02:48	01:24-36	01:24-0	
	Monica Jetmundsen, Sekkingstad	02:52	01:26-41	01:26-0	
	Silje Alfheim, ØHD - Bergen	02:55	01:25-39	01:30-0	
	Synnøve Sævdal Vikne, Tertnes	02:57		01:09-0	01:48-25
	Åse Nonås, Ambita	03:01	01:33-50	01:28-0	
	Jeanette Hagen Iversen, ØHD-	03:04	01:28-43	01:36-0	
	Ane Tennebekk, Kolstihagen	03:07	01:30-46	01:37-0	
	Marte Grønhaug Tuft, ØHD -	03:10	01:32-48	01:38-0	
	Aleksandra Zeman, NOTEAM	03:41		01:29-0	02:12-44
	Silvana Cristina Deabrau, ØHD -	03:42	01:34-52		02:08-43
	Nathalie Therese Rypdal, Sjukt	03:56	01:41-59		02:15-47
	Astrid Kvale, Sjukt Sprek Bergen	04:03		01:43-0	02:20-49
	Anne Marie Hansen, NOTEAM	04:04	01:59-64	02:05-0	
	Eirin Elise Rivertz, NOTEAM	04:06		01:46-0	02:20-49
	Elena Sælen, Trappen	04:28		02:30-0	01:58-34
	Rebecca Knuver, Flaktveit	04:58	02:06-67		02:52-59
	Caroline Gjesdal, Trappen	04:59		02:06-0	02:53-60
	Eli Hannevig, Flaktveit Barnehage	05:46	01:59-64		03:47-62
	Hanne Henriksen, Scandic	00:00	-0	N/C	
	Benedikte Wik Kallekleiv,	00:00	-0	N/C	
	Kristin Eidsheim Sønnesyn,	00:56	00:56-2		
	Kristine Dahl, NOTEAM	01:08		01:08-0	
	Lene Nordeide, Kolstihagen	01:15	01:15-22		
	Ida Høsteng, Flaktveit Barnehage	01:20	01:20-29		
	Ingrid Kleppe, Bergen Kommune	01:20	01:20-29		
	Thanarak Jaengbamrung,	01:27		01:27-0	
	Hilde Laupsa, Vestdavit AS	01:39	01:39-53		
	Kjersti Ottermo, ØHD - Bergen	01:40	01:40-57		
	Miriam Lauritzen, ØHD - Bergen	01:48			01:48-25
	Anne Engel Michelsen, HSI	01:49		01:49-0	
	Linda Elida Mathisen Lund,	01:49	01:49-61		
	Ingeborg Austegard, NOTEAM	01:55			01:55-30
	Anne Jordalen, Sotra Vgs	02:20	02:20-69		
	Veronika Gjermo, Solheimslien	02:31		02:31-0	
	Ingelin Kristoffersen, Flaktveit	02:37			02:37-56
	Miriam Kjelby, Arna Aktiv	03:11	03:11-71		
	1/2se Andersen, Arna Aktiv	03:16	03:16-72		

Herrer					
1	Jakub Both, NOTEAM	02:25	00:44-3	00:42-0	00:59-1
2	Øystein Eikrem, Klinisk Institutt 1	02:28	00:41-1	00:45-0	01:02-2
3	Even Magnus Aspli, Bergen	02:31	00:44-3	00:43-0	01:04-8
3	Børge Sivertsen,	02:31	00:46-9	00:43-0	01:02-2
5	Erlend Kristiansen, BSI	02:33	00:47-12	00:43-0	01:03-5
5	Daniel Håkonsen, Bergen	02:33	00:47-12	00:43-0	01:03-5
5	Alexander Ødegård Fludal,	02:33	00:45-5	00:46-0	01:02-2
8	Jo Amund Utne Gustad, Norconsult	02:35	00:45-5	00:45-0	01:05-9
9	Henrik Heienberg, BPI	02:36	00:48-14	00:45-0	01:03-5
10	Carl Eilert Macody Lund, NOTEAM	02:38	00:45-5	00:48-0	01:05-9
11	Asbjørn Jensen, Bergenkommune	02:41	00:48-14	00:47-0	01:06-13
11	Thomas Nordin, Vestdavit AS	02:41	00:49-18	00:46-0	01:06-13
11	Rune Kristiansen, Brannmenn Mot	02:41	00:49-18	00:45-0	01:07-15
11	Tor Johan Nedreberg Askeland,	02:41	00:50-21	00:46-0	01:05-9

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
15	René Gjerde, Rolland Skole	02:48	00:51-23	00:47-0	01:10-17
16	Karl-Magnus Tobiassen,	02:49	00:52-25	00:50-0	01:07-15
17	Karl Jonas Tronstad, Bergen CK	02:50	00:50-21	00:46-0	01:14-20
18	Bjørn Johannessen Field, Bergen	02:55	00:53-28	00:50-0	01:12-18
18	Øyvind Nyberg, Fjellgeitene	02:55	00:53-28	00:49-0	01:13-19
20	Njål Nordmark, NOTEAM	02:58	00:51-23	00:51-0	01:16-23
21	Lars Thore Fadnes, Fjellsiden	03:01	00:54-31	00:50-0	01:17-24
22	Daniel Flatøy, Sekkingstad AS	03:02	00:54-31	00:53-0	01:15-21
23	Carlos Fernandez, NOTEAM	03:06	00:58-34	00:50-0	01:18-26
24	Sveinung Polden, Bergen	03:10	00:58-34	00:54-0	01:18-26
25	Tommy Langeland, BKBIL	03:11	01:00-40	00:52-0	01:19-29
26	Robert Harrison, NOTEAM	03:14	00:58-34	00:56-0	01:20-30
27	Mikael Tjemsland, Vann Og	03:21	00:58-34	00:56-0	01:27-38
28	Sahin Kisacam, SME	03:23	01:00-40	00:58-0	01:25-34
29	Ronnie Eckholm, Bergen Kommune	03:24	01:00-40	00:58-0	01:26-36
30	Torbjørn Turøy, Bergen Kommune	03:26	01:02-43	00:57-0	01:27-38
30	Knut Inge Sletten, NOTEAM	03:26	00:58-34	01:00-0	01:28-41
32	Einar Johan Aadland, Bergen Vann	03:27	01:03-45	01:01-0	01:23-32
33	Yngve Antonsen, NOTEAM	03:28	01:04-48	00:56-0	01:28-41
34	Anders Johan Urkedal,	03:33	01:02-43	01:02-0	01:29-43
35	Johan Hausvik, BK BIL	03:38	01:03-45	01:06-0	01:29-43
36	Antonio Benjamin Gay, ØHD-	03:40	01:08-57	01:05-0	01:27-38
37	Christian Jensen, Sjukt Sprek	03:43	01:09-58	00:59-0	01:35-46
38	Knut Grove, Varegg/UBIL	03:44	01:04-48	01:03-0	01:37-47
39	Eric Nilsen, ClampOn BIL	03:48	01:07-53	01:03-0	01:38-48
40	Morten Marthinussen, NOTEAM	03:49	01:07-53	01:02-0	01:40-50
41	Tilo Eichler, Helse Bergen	03:51	01:03-45	01:07-0	01:41-51
42	Arne Hernes, Bergen Kommune BIL	03:58	01:07-53	01:10-0	01:41-51
43	Finn Markussen, NOTEAM	04:00	01:10-59	01:09-0	01:41-51
44	Sondre Johannesen, Alvidra	04:06	01:05-50	01:19-0	01:42-54
45	Kenneth Sagevik, NOTEAM	04:15	01:13-60	01:16-0	01:46-55
46	Lasse Hjelle, Psykiatriliansen	04:27	01:20-63	01:18-0	01:49-57
47	Kenneth Thorsen, Arna Aktiv	04:28	01:27-64	01:13-0	01:48-56
48	Jan Otto Nerdal, Arna Aktiv	05:24	01:07-53	02:44-0	01:33-45
49	Patrick Fantolini, Arna Aktiv	05:52	01:58-65	01:29-0	02:25-59
	Bernt Gaupholm, Varegg	01:34	00:48-14	00:46-0	
	Tor-Aanen Kallekleiv, Team Trivest	01:34	00:48-14	00:46-0	
	Timo Käfer, Statoil Mongstad BIL	01:35	00:49-18	00:46-0	
	Eirik Børsheim, Rolland Skole	01:51	00:46-9		01:05-9
	Eivind Rønnevik, NOTEAM	02:08		00:51-0	01:17-24
	Thommas Eriksen, NOTEAM	02:12		00:54-0	01:18-26
	Fred Risberg, NOTEAM	02:12	01:05-50	01:07-0	
	Dag Solheim, Ambita AS	02:12	01:05-50	01:07-0	
	Joar Hystad, NOTEAM	02:18	00:52-25		01:26-36
	Thomas W. Johannesen, NOTEAM	02:19	00:55-33		01:24-33
	Harald Søviknes, Reno	02:22		00:57-0	01:25-34
	Roy Mentzen, Arna Aktiv	02:51		01:12-0	01:39-49
	Robert Moseng, Trappen	03:11		01:12-0	01:59-58
	Øyvind Bu, Vann- Og Avløpsetaten	00:42	00:42-2		
	Harald Våge, NOTEAM	00:45	00:45-5		
	Audun Hildre, Kolstihagen	00:46	00:46-9		
	Tage Augustson, NOTEAM	00:52	00:52-25		
	Marco Ibrahim Zemzem Jansen,	00:53	00:53-28		
	Øyvind Sivertsen, NOTEAM	00:59	00:59-39		

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3
	Christian Urke, NOTEAM	01:15			01:15-21
	Joakim Volden, Arna Aktiv	01:16	01:16-61		
	Trond Åkernes, Telesport	01:18	01:18-62		
	Øystein Birkeland, Smørås	01:22			01:22-31
	Christin Wik, NOTEAM	01:32		01:32-0	
	Henning Nordås, NOTEAM	01:35		01:35-0	
	Arne Christian Nilsen, Solheimslien	01:52		01:52-0	